freezer

CASCADIAN FARM

Vegetables

10 oz., selected varieties



refrigerated

NANCYS

Yogurt

4 pound, selected varieties

LIGHTLIFE

Smart Bacon

5 oz.





wellness

AVALON

Shampoo and Conditioner

11 oz., selected varieties





Co-op Advantage specials are available at the following natural food co-ops:

CALIFORNIA

Briar Patch Co-op 10061 Joerschke Drive, Grass Valley

> **Chico Natural Foods** 818 Main Street, Chico

Davis Food Co-op 620 G Street, Davis

Isla Vista Food Co-op 6575 Seville Road, Isla Vista

Quincy Natural Foods 30 Harbison Street, Quincy

Sacramento Natural Foods Co-op 1900 Alhambra Boulevard, Sacramento

North Coast Co-op

811 I Street, Arcata -and-1036 Fifth Street, Eureka

Ocean Beach People's Food Co-op 4765 Voltaire Street, San Diego

Ukiah Natural Foods 721 South State Street, Ukiah

IDAHO

Moscow Food Co-op 221 E. 3rd Street, Moscow

MONTANA

Community Food Co-op 908 W. Main Street, Bozeman

OREGON

Ashland Community Food Store 237 N. 1st Street, Ashland

First Alternative Co-op 1007 S.E. Thrid Street, Corvallis

Food Front Co-op Grocery 2375 N.W. Thurman Street, Portland

WASHINGTON

Central Co-op/Madison Market 1600 East Madison, Seattle

Community Food Co-op 1220 North Forest Street, Bellingham

Olympia Food Co-op 921 N. Rogers East, Olympia -and-

3111 Pacific Avenue S.W., Olympia The Food Co-op 414 Kearney Street, Port Townsend

Skagit Valley Food Co-op 202 S, Frist Street, Mt. Vernon

Sno-Isle Natural Foods Co-op 2804 Grand Avenue, Everett



32 oz.

ORGANIC VALLEY

Organic



Suggested special retail pricing through

The highest quality natural foods at the best prices.

NATURADE

Protein Powder

12 to 16 oz., selected varieties



NATURE'S PATH

Organic Eco Pac Gereal 26.4 to 35.3 oz., selected varieties



IMAGINE **FOODS**

Enriched Soy Dream 32 oz.,

selected varieties



GARDEN OF EATIN

Organic Tortilla Chips

9 to 10 oz., selected varieties

Look for Little Bear products also on special



Some items may not be available at all stores or on the same days in the month of April.

grocery

Some items may not be available at all stores or on the same days in the month of April.

CLIF

Luna Bars

1.69 oz., selected varieties



ANNIE'S NATURALS Salad

Dressing 8 oz., selected varieties



ANNIE'S HOMEGROWN

Family Size Shells and Cheddar

12 oz.



PACIFIC

Organic Enriched Soy Drink

32 oz., selected varieties

ALPINE

1 liter

Alpine Spring

Sport Top



RYSTAL GEYS

MILLINAS

Organic Pasta Sauce 25.5 oz., selected varieties

EQUAL

Blend

pound,

EXCHANGE

Breakfast

selected varieties



NATURAL VALUE

Organic Pasta

16 oz., selected varieties



GREEN MOUNTAIN Salsa

16 oz., selected varieties

SANTA CRUZ

selected varieties

Organic

Juice

32 oz.,

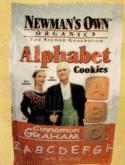


ORGANIC

NEWMAN'S OWN

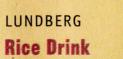
Alphabet Cookies

10 oz., selected varieties



GLACEAU **Smart Water** 1.5 liter





selected varieties

32 oz.,



BARBARA'S

Cereal

12 to 16 oz., selected varieties



15 oz., selected varieties



REBAR

Organic



BREAD SHOP

Granola pound,

selected varieties



SHARIANN'S

Organic Refried Beans



Food Bar 1.75 oz.,



BI-O-KLEEN

Dishwashing Liquid

32 oz.,

Bi-O-Kleen Bac-out also on sale

BUMBLE BAR

Organic Energy Bar

1.6 oz., selected varieties



BLUE SKY

Soda

6 pack, selected varieties



COUNTRY SAVE

Laundry Detergent 100 oz.

Other Country Save cleaning products also on special



SEVENTH GENERATION

Bath Tissue 4 pack



W0402