

CURRICULUM VITAE FOR EXTENSION FACULTY

University of Idaho

NAME: Marnie Ricks Spencer

DATE: December 12, 2025

RANK OR TITLE: Extension Professor, Eastern District Director

DEPARTMENT: University of Idaho Extension Eastern District

OFFICE LOCATION: Idaho Falls Research and Extension Center,
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DATE OF FIRST EMPLOYMENT AT UI: March 6, 2000

DATE OF TENURE: July 1, 2006

DATE OF PRESENT RANK OR TITLE: February 27, 2017

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

M.S., 1992, Nutrition and food science, Utah State University, Logan, Utah.

B.S., 1991, Nutrition and food science with an emphasis in dietetics, minor in chemistry, Utah State University, Logan, Utah.

A.S., 1989, Ricks College, Rexburg, Idaho.

Certificates and Licenses:

Mental Health First Aid, 2020-2022.

Collaborative Institutional Training Initiative (CITI) program, responsible conduct of researchers (15225164), 2019-2022.

Collaborative Institutional Training Initiative (CITI) program, institutional review board investigators and student researchers (30517192), 2016-2019, 2019-2022.

National Institutes of Health protecting human research participants (288719), 2009.

Registered dietitian/Registered dietitian nutritionist (through the Commission on Dietetic Registration), 1991-present.

EXPERIENCE:

Teaching, Extension and Research Appointments:

Extension professor, Extension educator, 2013-2017; Associate Extension professor, Extension educator, 2006-2013; Assistant Extension professor, Extension educator, 2000-2006; University of Idaho.

Teaching Assistant, Utah State University, Logan, Utah, 1991-93.

Academic Administrative Appointments:

Interim county chair, University of Idaho Extension office in Bannock County, Pocatello, Idaho, 2024.

Interim county chair, University of Idaho Extension office in Fremont County, St. Anthony, Idaho, 2021.

Interim county chair, University of Idaho Extension office in Bear Lake County, Montpelier, Idaho, 2020.

Eastern District Director, 2017-present. Provide overall Extension administrative and program leadership for the Eastern District; manage hiring, supervision, evaluation, salary recommendations, and promotion and tenure of county faculty and administrative support personnel; manage district budgets and assist county chairs in development and support of Standardized Extension Agreements; develop working relationships with county commissioners, other local elected officials and regional higher education units; represent University of Idaho Extension on state and regional committees and serve as an administrative liaison.

County chair, University of Idaho Extension office in Bingham County, Blackfoot, Idaho, 2015-2017.

EXPERIENCE (cont.):**Non-Academic Employment:**

Clinical nutritionist, St. Peter's University Hospital, New Brunswick, New Jersey, 1997-2000.

Clinical dietitian, John F. Kennedy Medical Center, Edison, New Jersey, 1993-97.

TEACHING ACCOMPLISHMENTS:**2017-present:**

Spencer, M. Creating and maintaining an excellent UI Extension curriculum vitae, Zoom, September 25, 2025.

Spencer, M. UI Extension Eastern District annual performance evaluation training, Zoom, September 25, 2025.

Spencer, M. Perfecting your personal curriculum vitae, Zoom, 5 sessions, 2025.

Spencer, M. Perfecting your personal curriculum vitae, Sandpoint, Idaho, 10 sessions, March 26, 2025.

Spencer, M. Creating and maintaining an excellent UI Extension curriculum vitae, Sandpoint, Idaho, March 26, 2025.

Spencer, M. Civil rights compliance review training, Montpelier, Idaho, January 29, 2025.

Spencer, M. UI Extension Eastern District annual performance evaluation training, Zoom, September 25, 2024.

Spencer, M. Creating and maintaining an excellent UI Extension curriculum vitae, Zoom, September 25, 2024.

Spencer, M. Promotion and tenure mentoring presentation, Idaho Falls, Idaho, 2 sessions, August 28, 2024.

Spencer, M. Presentation on University of Idaho Extension Eastern District, E-News Zoom, July 1, 2024.

Spencer, M. Working with challenging personnel situations, University of Idaho Extension County Chair training, June 18, 2024, Twin Falls, Idaho.

Spencer, M. University of Idaho Extension civil rights review training, Dubois, Idaho, May 13, 2024.

Spencer, M. University of Idaho Extension civil rights review training, Montpelier, Idaho, April 22, 2024.

Spencer, M. Promotion and tenure mentoring presentation, Idaho Falls, Idaho, 2 sessions, March 26, 2024.

Spencer, M. UI Extension Eastern District annual performance evaluation training, Zoom, September 28, 2023.

Spencer, M. Creating and maintaining an excellent UI Extension curriculum vitae, Zoom, September 27, 2023.

Spencer, M. Role of county chairs, University of Idaho Extension County Chair training, Idaho Falls, Idaho, September 19, 2023.

Spencer, M. University of Idaho Extension civil rights review training, Zoom, February 2, 2023.

Spencer, M. Western Region Family and Consumer Sciences Program Leaders' report to Western Program and Organization Leadership committee, Zoom, November 1, 2022.

Spencer, M. Creating and maintaining an excellent UI Extension curriculum vitae, Zoom, October 10, 2022.

Spencer, M. UI Extension Eastern District annual performance evaluation training, Zoom, September 29, 2022.

Spencer, M. *Leaders Eat Last* book discussion, University of Idaho Extension leadership online book club, July 6, 2022.

Spencer, M. Establishing values and saying no, University of Idaho Extension Eastern District professional development meeting, Blackfoot, Idaho, April 27, 2022.

Spencer, M. Living into values as a leader, University of Idaho Extension Eastern District professional development meeting, Blackfoot, Idaho, April 27, 2022.

Horrillo, S. and M. Spencer. Western Region Health and Nutrition overview, Western Region Extension Directors Association Zoom presentation, June 1, 2021.

Horrillo, S. and M. Spencer. Western Region Health and Nutrition overview, Western Region Extension Directors from Arizona and Idaho Zoom presentation, March 22, 2021.

Spencer, M. and L. Hansen. Creating and maintaining an excellent University of Idaho Extension curriculum vitae, UI Extension Zoom, October 8, 2020.

Hansen, L. and M. Spencer. Running effective advisory committees, UI Extension Zoom training, October 5, 2020.

Spencer, M. Annual evaluation best practices, Eastern District Zoom training, October 18, 2019.

Spencer, M. Standardized Extension agreements, Eastern District County Chair Zoom training, August 29, 2019.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension employee Zoom training, August 21, 2019.

Spencer, M. Finding the top of your desk without losing your sanity, University of Idaho Extension professional development Zoom training, May 6, 2019.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension Employee Zoom training, August 15, 2018.

Spencer, M. Overseeing the county budget, UI Extension County Chair training, Caldwell, Idaho, May 14, 2018.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension employee Zoom training, August 16, 2017.

TEACHING ACCOMPLISHMENTS (cont.):**2000-2017:**

2703 Non-credit Classes, Workshops, and Seminars: 1,623 in health and nutrition, 544 in family and personal finance, 448 in 4-H youth development, 88 in food safety/preservation.

SCHOLARSHIP ACCOMPLISHMENTS:**2000-2017:**

120 Publications: 4 refereed journal articles, 2 peer reviewed Extension publications, 8 peer reviewed journal articles, 53 abstracts and proceedings, 3 curricula, 48 UI Extension impact statements, 2 research reports

Thesis: Spencer, M. 1992. Changes over time in sensory thresholds of individuals with diabetes mellitus and the relationship to food preference. Master's thesis, Utah State University, Logan, Utah.

Sabbatical: Spencer, M. November 2013-May 2014. Authored written content to support Eat Smart Idaho programming in the areas of Planning Smart, Shopping Smart, Cooking Smart, and Eating Smart. The information was published as the Eat Smart Idaho webpage and was published as four University of Idaho Bulletins.

119 Scholarly Presentations and Other Creative Activities: 1 webpage; 25 displays and posters; 25 professional meeting workshops; 50 grants totaling \$391,829; 18 scholarship honors and awards

SERVICE:**2017-present:****Major Committee Assignments:****National:**

Family and Consumer Sciences Program Leader representing Idaho, 2018-present

Regional:

Western Region Food Safety/Food Preservation Working Group, 2020-2024
Chair, 2021-2022

Western Region Health and Nutrition Initiative Design Team, 2020-2021

Western Region Family and Consumer Sciences Program Leader representing Idaho, 2018-present
Chair, 2020-2022

University of Idaho:

Search committee, Office of Information Technology, Technology solutions partner, 2024

Search committee, Office of Information Technology, Technology solutions partner, 2022

University of Idaho, Idaho Falls Leadership Council, 2017-present

College:

Search Committee, CALS director of communications and strategic initiatives, 2025

College of Agricultural and Life Sciences Leadership Team, 2017-present

Search Committee, CALS director of communications and strategic initiatives, 2017

Extension:

Promotion committee, ex-officio member, Southern Extension District, 2 applicants, 2025

Search committee chair, UI Extension Associate Director, 2024-2025

University of Idaho Extension Annual conference family and consumer sciences in-service committee, 2024

Promotion committee, ex-officio member, Northern Extension District, 2 applicants, 2024

Promotion committee, ex-officio member, Central Extension District, 2 applicants, 2022

Search committee chair, 4-H Youth Development Director, 2022

SERVICE (cont.):**2017-present (cont.):****Major Committee Assignments (cont.):****Extension (cont.):**

Search committee chair, Extension educator, 4-H youth development, Twin Falls County, 2022
 Search committee chair, UI Extension Northern District Director, Coeur d' Alene, Idaho, 2022
 University of Idaho leadership book club, chair, 2021-2022
 University of Idaho 4-H review and recommendations committee, 2021-2022
 Search committee, Extension educator, livestock/4-H, Oneida County, 2021
 University of Idaho Extension professional development training, co-chair, 2019-2021
 University of Idaho Extension Health and Wellbeing Priority Extension Theme team administrative liaison, 2018-present
 University of Idaho Extension Administrative Leadership Team, 2017-present
 Promotion committee, Southern Extension District, 2017

District:

Search committee chair, Extension educator, family and consumer sciences/4-H, Bingham County, 2025
 Search committee chair, Business Specialist III, Eastern District Office/Idaho Falls Research and Extension Center, 2025
 Search committee chair, Extension educator, Eat Smart Idaho/family and consumer sciences, Bannock County, 2024-2025
 Search committee chair, Extension educator, family and consumer sciences/4-H, Jefferson County, 2023-2024
 Search committee chair, Idaho Falls Research and Extension Center, administrative specialist 1, 2024
 Search committee chair, Idaho Falls Research and Extension Center, business specialist 3, 2024
 Search committee chair, Idaho Falls Research and Extension Center, administrative specialist 1, 2023
 Search committee chair, Extension educator, family and consumer sciences/4-H, Bear Lake and Caribou counties, 2023
 Search committee chair, associate Extension educator, family and consumer sciences/4-H, Bear Lake and Caribou counties, 2022-2023
 Search committee, Idaho Falls Research and Extension Center, administrative assistant, 2022
 Search committee chair, Extension educator, cropping systems/4-H, Madison County, 2021-2022
 Search committee chair, Extension educator, 4-H youth development, Bonneville County, 2021-2022
 Search committee chair, Extension educator, Eat Smart Idaho/family and consumer sciences, Bannock County, 2021-2022
 Search committee chair, Extension educator, 4-H youth development/adult livestock, Bingham County, 2021-2022
 Search committee chair, Extension educator, horticulture and small farms/4-H/integrated pest management, Fremont County, 2021-2022
 Search committee chair, Extension educator, livestock/community development/4-H, Bear Lake County, 2021
 University of Idaho, Lemhi County 4-H review and recommendations committee, 2021
 Search committee chair, Extension educator, agronomy/community development/4-H, Butte County, 2019
 Search committee chair, Extension educator, associate Extension educator, family and consumer sciences, Bonneville County, 2018
 Search committee chair, Extension educator, horticulture/agriculture, Bonneville County, 2018
 Search committee chair, Extension educator, agriculture/4-H, Caribou County, 2018
 Search committee chair, Extension educator, horticulture/4-H, Franklin County, 2018
 Search committee chair, Extension educator, family and consumer sciences/Eat Smart Idaho, Bannock County, 2018
 Search committee chair, Extension educator, Eastern District management assistant, 2018
 Search committee chair, Extension educator, Eastern District administrative assistant, 2018
 Search committee chair, Extension educator, family and consumer sciences/4-H, Madison County, 2017
 Search committee chair, Extension educator, family and consumer sciences/4-H, Bingham County, 2017
 Search committee, Extension educator, livestock/4-H, Oneida County, 2017.

SERVICE (cont.):**Professional and Scholarly Organizations:**

National Extension Association of Family and Consumer Sciences, 2001-present
 Idaho Affiliate of the National Extension Association of Family and Consumer Sciences, 2001-present
 Academy of Nutrition and Dietetics (formerly American Dietetic Association), 1991-2022
 Idaho Academy of Nutrition and Dietetics (formerly Idaho Dietetic Association), 2000-2022

Outreach Service:**Classes, Workshops, Seminars, Share Fairs, and Tours Organized:**

University of Idaho Extension Eastern District professional development meeting, Carmen, Idaho, September 16-17, 2025.
 University of Idaho Extension County Chair training, Boise, Idaho, April 8, 2025.
 University of Idaho Extension Eastern District professional development meeting, Blackfoot, Idaho, April 16, 2025.
 University of Idaho Extension Civil Rights Review training, Zoom, March 17 and 24, 2025.
 University of Idaho Extension Eastern District professional development meeting, Fort Hall, October 8-9, 2024.
 University of Idaho Extension County Chair training, Twin Falls, Idaho, June 17-28, 2024.
 University of Idaho Extension Eastern District professional development meeting, Idaho Falls, Idaho, April 25, 2024.
 University of Idaho Extension Eastern District professional development meeting, Swan Valley, Idaho, September 20-21, 2023.
 University of Idaho Extension County Chair training, Idaho Falls, Idaho, September 19-20, 2023.
 University of Idaho Extension Eastern District professional development meeting, Pocatello, Idaho, April 27, 2023.
 University of Idaho Extension Eastern District professional development meeting, Montpelier, Idaho, November 2-3, 2022.
 Western Region Family and Consumer Sciences Program Leaders' virtual meetings, 2022.
 University of Idaho Extension Eastern District professional development meeting, Blackfoot, Idaho, April 27, 2022.
 Western Region Food Preservation Working Group virtual meetings, 2022.
 University of Idaho Extension leadership book club, 2022.
 University of Idaho Extension Eastern District professional development meeting, Challis, Idaho, September 28-29, 2021.
 University of Idaho Extension Eastern District online meeting regarding vacant positions, September 22, 2021.
 Western Region Food Preservation Working Group virtual meetings, 2021.
 County chair training, University of Idaho Extension webinar, May 24, 2021.
 University of Idaho Extension Eastern District professional development meeting, Idaho Falls, Idaho, April 27, 2021.
 Western Region Family and Consumer Sciences Program Leaders' virtual meetings, 2021.
 Western Region Family and Consumer Sciences Program Leaders' virtual meetings, 2020.
 University of Idaho Extension Eastern District online meeting, January 26, 2021.

2000-2017:

94 Major Committee Assignments: 18 national committees, 39 University/college committees, 34 district committees, 3 county committees

6 Professional and Scholarly Organizations**Outreach Service**

Newsletter, *Bingham County Extension News*, monthly publication, 2000-2017, circulation 1,150. Published articles regarding health, nutrition, 4-H youth dev., family resource mgmt., food safety and preservation.
 235 Classes, Workshops, Seminars, and Tours Organized, 11 Miscellaneous Extension Publications,
 10 popular press articles, 33 interview articles, 3 media presentations, 2 applied research/demonstration trials,
 30 judging opportunities, 7 review activities.

PROFESSIONAL DEVELOPMENT:**2017-present:****Outreach:**

- Finding hope after job loss, National Extension Association of Family and Consumer Sciences Zoom, August 12, 2025.
- Regional Master Gardener conference, Rexburg, Idaho, July 18, 2025.
- Weeds on the range, Pocatello, Idaho, May 28, 2025.
- UI Extension book club, *Stubborn*, Zoom, February 12, 2025.
- Bingham County ag safety day, Blackfoot, Idaho, May 1, 2025.
- Beef up your table, Boise, Idaho, April 10, 2025.
- University of Idaho Extension annual conference, Boise, Idaho, April 8-11, 2025.
- Post-winter garden tasks, Rexburg, Idaho, April 2, 2025.
- Animal ethics, Idaho Falls, Idaho, March 31, 2025.
- University of Idaho Ag Summit, Boise, Idaho, February 18, 2025.
- Beating the winter blues, Idaho Falls, Idaho, February 12, 2025.
- UI Extension book club, *Don't Take the Last Donut*, Zoom, February 12, 2025.
- Seed selection, Zoom, February 11, 2025.
- Making and preserving fruit spreads and syrups, Rigby, Idaho, February 6, 2025.
- East Idaho Cereals Conference, Fort Hall, Idaho, February 5, 2025.
- Catch my breath: anti-vaping class, Montpelier, Idaho, January 29, 2025.
- Idaho Potato Conference, Pocatello, Idaho, January 22, 2025.
- Eastern District 4-H training, Rigby, Idaho, January 15, 2025.
- Making the most of your pivot corners, Zoom, January 14, 2025.
- Nutrition through gestation and early parturition, Blackfoot, Idaho, December 13, 2024.
- All CALS meeting, Zoom, December 5, 2024.
- Pesticide applicator training, Zoom, December 4, 2024.
- Data without surveys: alternative ways to gather input and information, National Extension Association of Family and Consumer Sciences pre-conference, Tucson, Arizona, September 16, 2024.
- Regional Master Gardener conference, Rexburg, Idaho, July 19, 2024.
- UI Extension Book Club—Serious Creativity, Zoom, July 17, 2024.
- University of Idaho Extension annual conference, Moscow, Idaho, April 8-11, 2024.
- 1890 Institutions, National Extension Association of Family and Consumer Sciences webinar, February 27, 2024.
- Brain Health, Idaho Falls, Idaho, February 28, 2024.
- Compost, manure, snake-oil, and soil amendments, Idaho Home Garden Tips webinar, February 27, 2024.
- Canning with a twist, National Extension Association of Family and Consumer Sciences webinar, February 27, 2024.
- Idaho Ag Summit, Boise, Idaho, February 20, 2024.
- Know Your Government breakfast, Boise, Idaho, February 19, 2024.
- National Extension Association of Family and Consumer Sciences and National family and consumer sciences program leaders' meeting, Providence, Rhode Island, September 11-14, 2023.
- Regional Master Gardener conference, Rexburg, Idaho, June 24, 2023.
- Idaho Association of County Agricultural Agents conference, Rigby, Idaho, May 31, 2023.
- Dementia Friends, Blackfoot, Idaho, May 24, 2023.
- Health in later life, Well Connected Communities webinar, viewed May 23, 2023.
- University of Idaho Extension annual conference, Sun Valley, Idaho, April 10-13, 2023.
- Now and later: living in the moment and creating a hopeful future, UI Extension professional development webinar, March 30, 2023.
- Set boundaries and boost your wellbeing, Kepro workplace options webinar, March 29, 2023.
- Idaho Ag Summit, Boise, Idaho, February 21, 2023.
- Know Your Government breakfast, Boise, Idaho, February 20, 2023.
- Managing priorities to match your purpose, UI Extension professional development webinar, January 23, 2023.
- Effortless* book discussion, University of Idaho Extension leadership online book club, January 4, 2023.
- Building a strong dossier for promotion and tenure, UI Extension professional development webinar, November 1, 2022.

PROFESSIONAL DEVELOPMENT (cont.):**2017-present (cont.):****Outreach (cont.):**

- Eight Habits of the Heart* book discussion, University of Idaho Extension leadership online book club, October 26, 2022.
- Healthy boundaries and work life balance, Kepro workplace options webinar, October 26, 2022.
- National Extension Association of Family and Consumer Sciences and National family and consumer sciences program leaders' meeting, Raleigh, North Carolina, September 12-15, 2022.
- Battling burnout, Kepro workplace options webinar, July 27, 2022.
- National Extension Association of Family and Consumer Sciences endowment grant webinar, May 26, 2022.
- Mindsight* book discussion, University of Idaho Extension leadership online book club, April 6, 2022.
- University of Idaho Extension annual conference, Moscow, Idaho, April 11-15, 2022.
- Idaho digital inclusion summit, Idaho Commission for Libraries virtual conference, March 2, 2022.
- Idaho Ag Summit, Boise, Idaho, February 22, 2022.
- Know Your Government breakfast, Boise, Idaho, February 21, 2022.
- How to develop a survey, UI Extension professional development webinar, February 15, 2022.
- Idaho potato conference, Pocatello, Idaho, January 19-20, 2022
- Dealing with difficult people* book discussion, University of Idaho Extension leadership online book club, January 19, 2022.
- National family and consumer sciences virtual program leaders' meeting, November 4-5, 2021.
- Civil rights and diversity: know your civil rights, University of Idaho webinar, accessed October 29, 2021.
- Robert's Rules made simple, Idaho 4-H webinar, October 27, 2021.
- Smart collaboration: how professionals and their firms succeed by breaking down silos, University of Idaho leadership forum online, October 25, 2021.
- Idaho 4-H new staff orientation and 4-H professionals' in-service, Boise, Idaho, October 12-16, 2021.
- Atomic Habits*, UI Extension Eastern District book club webinar, October 6, 2021.
- Digital Measures data entry online training, October 5, 2021.
- University of Idaho brand guidelines and resources for UI Extension, UI Extension professional development webinar, September 13, 2021.
- Digital Measures report online training, August 31, 2021.
- Essentialism*, UI Extension Eastern District book club webinar, July 21, 2021.
- Get outdoors—learn and love the world around you, U&I Together webinar, June 22, 2021.
- Becoming better after experiencing the bitter, Idaho Professional Development Network webinar, June 16, 2021.
- How do bees make honey? U&I Together webinar, June 15, 2021.
- Extension framework for health equity and wellbeing webinar, May 25, 2021.
- University of Idaho Extension Eastern District 4-H professional development training, Rigby, Idaho, April 26, 2021.
- University of Idaho Extension virtual annual conference, April 13-15, 2021.
- How to build motivation and keep it, Idaho State University wellness webinar, March 30, 2021.
- Healthy mind toolkit: boosting your mental health, Kepro webinar, March 23, 2021.
- Value-based decision making, Idaho State University wellness webinar, March 23, 2021.
- Emotions 101, Idaho State University wellness webinar, March 16, 2021.
- Wellness 101, Idaho State University wellness webinar, February 23, 2021.
- Extension leadership conference, Joint Council of Extension Professionals virtual conference, February 10-12, 2021.
- Tolerating distress, Idaho State University wellness webinar, February 9, 2021.
- Navigating mental aspects of unhealthy eating habits, Pocatello Dietitians webinar, January 27, 2021.
- COVID-19 vaccine implementation for food and agricultural workers, Center for Disease Control webinar, January 21, 2021.
- State of health: outlook for Cooperative Extension System's Health Initiative, Association of Public and Land-grant Universities webinar, January 13, 2021
- Vaccines, public health, and the media, Northwest Center for Public Health Practice webinar, accessed January 13, 2021 (from December 15, 2020, recording).
- University of Idaho Extension Eastern District 4-H professional development webinar, January 11, 2021.
- Idaho Agricultural Outlook webinar, December 17, 2021.

PROFESSIONAL DEVELOPMENT (cont.):**2017-present (cont.):****Outreach (cont.):**

- Food, food insecurity, and mental health, Hunter College New York City Food Policy Center webinar, December 9, 2020.
- Mental health first aid training, University of Idaho webinar, December 1 and 3, 2020.
- Mindfully maintaining your emotional health, Life in a pandemic webinar, November 18, 2020.
- Help for the helpers: accepting support and adjusting expectations, Life in a pandemic webinar, November 11, 2020.
- Parenting in pandemic times, Life in a pandemic webinar, November 4, 2020.
- The significant seven: balancing your work and personal lives during a pandemic, Life in a pandemic webinar, October 28, 2020.
- Igniting agricultural innovation, Celebrating Idaho Agriculture webinar, Dr. Scott Hutchins, USDA Deputy Under Secretary for Research, Education, and Economics, October 9, 2020.
- National family and consumer sciences virtual program leaders' meeting, September 16-17, 2020.
- Taking care of you: body, mind, spirit, National Extension Association of Family and Consumer Sciences webinar, August 12, 2020.
- Key findings from the 4-H youth mental health survey, National 4-H Council webinar, July 16, 2020.
- Rural stress, mental health and wellness, Extension Committee on Organization and Policy webinar, June 11, 2020.
- Making Zoom more fun and engaging, UI Extension professional development webinar, May 26, 2020.
- Using One Drive, Microsoft Teams, and other UI information technology tools, UI Extension professional development webinar, May 4, 2020.
- Question, persuade, and refer, suicide prevention, University of Idaho webinar, April 22, 2020.
- Diet Dilemmas 2: Hot topics in inflammation and disease webinar—diet and chronic inflammation, April 21, 2020.
- University of Idaho Extension virtual annual conference, April 13, 15, and 16, 2020.
- Focusing on your well-being, University of Idaho webinar, April 8, 2020.
- Communicating effectively using Zoom, Professional Development Network of Idaho Extension webinar, March 17, 2020.
- Preparing for remote work webinar, March 17, 2020.
- Gold standard of customer relations, UI Extension professional development webinar, March 2, 2020.
- Diet dilemmas 2: hot topics in inflammation and disease webinar—inflammation, health, and disease, February 18, 2020.
- University of Idaho Extension publications through FastTrack, UI Extension professional development webinar, February 3, 2020.
- Communicating Extension's public value, Professional Development Network of Idaho Extension webinar, December 13, 2019.
- Idaho agriculture outlook seminar, Idaho Falls, Idaho, December 10, 2019.
- Pesticide applicator training, Blackfoot, Idaho, December 6, 2019.
- Can modifying dietary behaviors modify brain health? University of Florida webinar, November 19, 2019.
- Generational differences in the workplace, UI Extension professional development webinar, November 4, 2019.
- Physical activity and brain health, University of Florida webinar, October 15, 2019.
- Coming together for racial understanding, Boise, Idaho, October 24-25, 2019.
- Professionalism in the workplace, UI Extension professional development webinar, October 7, 2019.
- National family and consumer sciences program leaders' meeting and Western Region family and consumer sciences program leaders' meeting in conjunction with National Extension Association of Family and Consumer Sciences conference, Hershey, Pennsylvania, September 30-October 3, 2019.
- Preventing cognitive decline and dementia, University of Florida webinar, September 17, 2019.
- Branding resources, UI Extension professional development webinar, September 16, 2019.
- Handling difficult conversations and managing stress, UI Extension professional development Zoom training, July 1, 2019.
- Understanding personality using the Color Code, UI Extension professional development Zoom training, June 3, 2019.
- Collaborative Institutional Training Initiative responsible conduct of research basic course, May 16, 2019.

PROFESSIONAL DEVELOPMENT (cont.):**2017-present (cont.):****Outreach (cont.):**

- Collaborative Institutional Training Initiative investigators institutional review board refresher course, May 16, 2019.
- Thinking evaluatively right from the needs assessment. How does it affect the success of your program? Rupert, Idaho, April 25, 2019.
- University of Idaho Extension annual conference, Idaho Falls, Idaho, March 25-28, 2019.
- Coming together for racial understanding, Idaho Falls, Idaho, March 25, 2019.
- Using Qualtrics in Extension evaluation, UI Extension prof. development webinar, March 4, 2019.
- Effective program evaluation, UI Extension professional development webinar, February 4, 2019.
- Cooking under pressure, eXtension webinar, September 13, 2018.
- UI Extension cereal field day, Ashton, Idaho, July 19, 2018.
- Color Code training, Idaho Falls, Idaho, April 18, 2018.
- University of Idaho Extension annual conference, Moscow, Idaho, April 2-6, 2018.
- University of Idaho Extension annual conference, Burley, Idaho, April 3-6, 2017.

Administration/Management:

- Extension Advisory Board, Moscow, Idaho, October 23, 2025.
- Leadership for the 21st Century (LEAD21), Denver, Colorado, October 6-9, 2025.
- Know your civil rights, College of Agricultural and Life Sciences virtual training, September 26, 2025.
- Digital Measures training, Zoom, September 23, 2025.
- Defensive driving course, University of Idaho virtual training, September 10, 2025.
- Search committee training, University of Idaho virtual training, September 4, 2025.
- Conflict training, Moscow, Idaho, July 30, 2025.
- Southern District faculty meeting, Caldwell, Idaho, June 25, 2025.
- Leadership for the 21st Century (LEAD21), Chicago, Illinois, June 8-13, 2025.
- Civil Rights review training, Zoom, 2 sessions, March 17 and 24, 2025.
- A complementary approach to faculty recruiting and hiring, University of Idaho webinar, February 7, 2025.
- Digital Measures training, Zoom, February 4, 2025.
- Supervisor training series: Effective performance evaluations, University of Idaho HR webinar, November 19, 2024.
- Faculty annual performance evaluation process for 2024, University of Idaho webinar, November 6, 2024.
- Purchasing card training, University of Idaho webinar, June 7, 2024.
- Respectful workplace training, Idaho County Risk Management Program webinar, June 7, 2024.
- Preparing for the promotion and tenure process, University of Idaho webinar, April 23, 2024.
- Managing difficult faculty and staff: a workshop for leaders, Baltimore Maryland. March 19-20, 2024.
- Change in employee compensation summary presentation, University of Idaho webinar, December 1, 2023.
- Addressing mental health at work, National Extension Association of Family and Consumer Sciences webinar, November 29, 2023.
- Open session with the Provost, University of Idaho webinar, November 28, 2023.
- Position descriptions and annual evaluation, University of Idaho webinar, October 24, 2023.
- Western Region administrators/district directors conference, Bozeman, Montana, October 4-5, 2023.
- Mindful leadership for chairs, Academic Impressions webinar, accessed March 17, 2023.
- Time management: a disciplined approach to priority setting, Academic Impressions webinar, accessed March 15, 2023.
- The art and practice of giving and receiving feedback, Academic Impressions webinar, accessed March 10, 2023.
- Recruiting and supporting diverse faculty and staff, University of Idaho webinar, February 23, 2023.
- FY23 Change in employee compensation summary, University of Idaho webinar, December 2, 2022.
- Open session with the Provost, University of Idaho webinar, November 14, 2022.
- Mentoring mid-career faculty, University of Idaho webinar, October 6, 2022.
- How to lead hybrid high-performing teams, Kepro webinar, September 13, 2022.
- Minimizing unconscious bias on committees, University of Idaho webinar, September 12, 2022.
- Online search committee training, University of Idaho webinar, September 12, 2022.

PROFESSIONAL DEVELOPMENT (cont.):**2017-present (cont.):****Administration/Management (cont.):**

- Overview of the responsibilities of the unit administrators. University of Idaho Provost webinar, September 6, 2022.
- Defensive driving course, University of Idaho virtual training, June 7, 2022.
- University Leadership Forum, University of Idaho webinar, March 28, 2022.
- Open session with the Provost, University of Idaho Provost webinar, March 23, 2022.
- Supervising in the time of COVID: Omicron edition, University of Idaho Provost office supervising webinar, accessed February 2, 2022.
- Human resources issues for supervisors' online course, accessed January 31, 2022.
- Navigating and managing conflict, University of Idaho Provost office supervising webinar, December 9, 2021.
- Open session with the Provost, University of Idaho department administrator training webinar, November 11, 2021.
- Position descriptions, annual evaluations and performance improvement tools, University of Idaho Provost office supervising webinar, accessed November 10, 2021.
- Creating a respectful community, University of Idaho online training, October 5, 2021.
- Diversity and inclusion, University of Idaho online training, October 5, 2021.
- IT security awareness, University of Idaho online training, October 5, 2021.
- Fire safety in the workplace, University of Idaho online training, October 5, 2021.
- Stewardship of resources and ethical conduct, University of Idaho online training, October 5, 2021.
- University of Idaho promotion and tenure training for unit administrators, webinar, September 1, 2021.
- You got funded: now what? UI Extension professional development webinar, May 3, 2021.
- Creating an inclusive team and promoting a culture of respect, Kepro webinar, April 12, 2021.
- The importance of ethical decision-making in today's economy, Brigham Young University Management Society webinar (from February 5, 2021 recording), March 11, 2021.
- Vandal hybrid budget model, University of Idaho Leadership Forum webinar, March 8, 2021.
- Grants and gifts do's and don'ts, UI Extension professional development webinar (from February 8, 2021 recording), March 8, 2021.
- Effective performance management and performance evaluation, University of Idaho Human Resources webinar, January 13, 2021.
- Self-care for supervisors and looking to spring 2021, University of Idaho Provost's office supervising in the time of COVID webinar, December 8, 2020.
- Giving and receiving constructive feedback, Idaho Professional Development Network webinar, November 18, 2020.
- Promoting a positive workplace environment and navigating conflict, University of Idaho Provost's office supervising in the time of COVID webinar, November 10, 2020.
- Faculty annual evaluations, performance tools, COVID, and you, University of Idaho Provost's office supervising in the time of COVID webinar, November 2, 2020.
- Managing employee stress and workplace morale, University of Idaho Provost's office supervising in the time of COVID webinar (from September 29, 2020 recording), October 27, 2020.
- Difficult COVID-related topics, evaluations, leave, and furlough; University of Idaho Provost's office supervising in the time of COVID webinar, October 27, 2020.
- Managing a team from a distance, University of Idaho Provost's office supervising in the time of COVID webinar, October 13, 2020.
- Policies for workplace, University of Idaho Provost's office supervising in the time of COVID webinar, September 15, 2020.
- University of Idaho promotion and tenure training for unity administrators, webinar, September 3, 2020.
- Working with challenging volunteers, Professional Development Network of Idaho Extension webinar, June 4, 2020.
- Creating a respectful community, University of Idaho online training, May 21, 2020.
- Diversity and inclusion, University of Idaho online training, May 21, 2020.
- IT security awareness, University of Idaho online training, May 21, 2020.
- Fire safety in the workplace, University of Idaho online training, May 21, 2020.
- University of Idaho search committee training, online training, February 24, 2020.

PROFESSIONAL DEVELOPMENT (cont.):**2017-present (cont.):****Administration/Management (cont.):**

- Time management: a disciplined approach to priority-setting, University of Idaho department administrators training webinar, November 18, 2019.
- Western Region administrators' meeting, Las Vegas, Nevada, November 12-14, 2019.
- Annual evaluations and other performance tools, University of Idaho department administrators training webinar, November 11, 2019.
- Managing difficult faculty, University of Idaho dept. administrators training webinar, October 21, 2019.
- 21st Century plagiarism—how do we respond? University of Idaho department administrators training webinar, October 14, 2019.
- Everything administrators should know about the Center for Disability Access and Resources, University of Idaho department administrators training webinar, October 7, 2019.
- Leadership vs. management by University of Idaho Ombuds, Pocatello, Idaho, September 24, 2019.
- Central District administrative staff professional development workshop, Twin Falls, Idaho, September 18, 2019.
- Hiring, onboarding, and supervising dos and don'ts, county chair training, Jerome, Idaho, June 5, 2019.
- Management time: who's got the monkey? UI Extension professional development webinar, April 1, 2019.
- UI Extension overview of Sponsored Projects, UI Extension professional development webinar, July 20, 2018.
- UI Extension county chair training, Caldwell, Idaho, May 14-15, 2018.
- University of Idaho Leadership Academy and celebration, Moscow, Idaho, April 16, 2018.
- Title IX, UI President's leadership meeting, April 10, 2018.
- Supporting faculty Success, University of Idaho dept. administrators training webinar, February 7, 2018.
- University of Idaho Leadership Academy via Zoom, January 29, February 5, 12, 26, March 5, 19, 26, and April 9, 2018.
- Managing difficult discussions, University of Idaho dept. administrators training webinar, January 23, 2018.
- University of Idaho Leadership Academy, Moscow, Idaho, January 17-18, 2018.
- University budgets, University of Idaho department administrators training webinar, November 15, 2017.
- University of Idaho recruitment and selection, human resources/workforce diversity training webinar, November 3, 2017.
- University of Idaho search committee training webinar, November 3, 2017.
- Recruitment and retention of students, University of Idaho department administrators training webinar, November 2, 2017.
- Western Region administrators' meeting, Coeur d'Alene, Idaho, September 13-15, 2017.
- University of Idaho Leadership Academy webinar, September 11, 25, October 2, 9, 18, 23, 30, and November 6, 2017.
- University of Idaho Leadership Academy, Moscow, Idaho, September 6-7, 2017.
- University of Idaho department administrators training webinar, October 4, 2017.
- University of Idaho recruitment and selection, Human Resources/Workforce Diversity online training, October 3, 2017.
- The coming storm, Federal Bureau of Investigation active shooter training video, August 24, 2017.
- University of Idaho department administrators' orientation webinar, August 10 and 11, 2017.
- What can be published—turning the non-publishable into publishable, empowered to share: telling your data-based Extension story, National Association of Extension Program and Staff Development Professionals, University of Arkansas Division of Agriculture Research and Extension webinar, August 7, 2017.
- Supervisor's meeting for compensation factors, University of Idaho human resources webinar, June 13, 2017.
- Navigating the employment legal landscape resources and training part 2, University of Idaho online training, Navigating the employment legal landscape resources and training part 1, University of Idaho online training, May 23, 2017.
- Performance evaluation resources and training, University of Idaho online training, May 23, 2017.
- Cultural literacy and competence symposium, Moscow, Idaho, April 24, 2017.
- Safety and security awareness at the University of Idaho, online training, April 20, 2017.
- IT security at the University of Idaho, online training, April 20, 2017.
- Diversity and inclusion at the University of Idaho, online training, April 19, 2017.
- University of Idaho stewardship of resources and ethical conduct, online training, April 19, 2017.
- University of Idaho mission and goals, online training, April 19, 2017.

PROFESSIONAL DEVELOPMENT (cont.):

2017-present (cont.):

Administration/Management (cont.):

Our inclusive workplace, discrimination and harassment prevention training for University of Idaho employees, online training, April 18, 2017.

Strategies for selection and hiring success resources and training, University of Idaho online training, April 12, 2017.

Performance management resources and training, University of Idaho online training, April 7, 2017.

What's your conflict style? University of Idaho Ombuds training, Idaho Falls, Idaho, April 7, 2017.

2000-2017

59 Face-to-Face and 140 web-based outreach conferences and seminars

5 Face-to-Face and 14 web-based administration/management conferences and seminars